

MY PARISH FAMILY

Immaculate Conception (Colville) – Sacred Heart of Jesus (Kettle Falls)
Pure Heart of Mary (Northport)

February 4, 2024: Fifth Sunday in Ordinary Time



MASS AND CONFESSION SCHEDULE

Tuesday, February 6

10:00 a.m. Mass (Colville)

Special Intention

5:00 p.m. Confessions (Colville)

Wednesday, February 7

7:15 a.m. Mass (Colville)

Merrill Milliette +

Thursday, February 8

7:15 a.m. Adoration/Confessions

8:30 a.m. Mass (Colville)

Phil Anderson +

11:30 a.m. (Republic)

Chuck Laird +

Friday, February 9

7:15 a.m. Mass (Colville)

7:45 a.m. Adoration

Sheryl Wiley +

Saturday, February 10

3:00 p.m. Confessions

4:00 p.m. Mass (Colville)

Lana Sprangers

6:00 p.m. Mass (Kettle Falls)

Mick McCrea

Sunday, February 11 Mark 1: 40-45

9:00 a.m. Mass (Colville)

Pro Populo

12:30 p.m. Mass (Curlew 2nd Sunday)

Leona Monroe Mellat +

4:00 p.m. Mass (Republic)

Chuck Laird +

PARISH STAFF

Pastor.....Father Kenneth St. Hilaire

pastor@myparishfamily.org

Office Manager..... Pam Milliette-Gotham

info@myparishfamily.org

Custodian (SHJ)..... Dawna Parazoo

Facilities Supervisor (ICP)..... Greg Rainer

Parish Office Hours T-W-Th 9-3 p.m. (509)-684-6223

PARISH MINISTRIES

Pastoral Councils.....Contact Cindy Campbell

Finance Council.....

Joe Fazzari (ICP), Dave Hewes (SHJ), Art Paine (PHM)

Knights of Columbus..... Randy Carstens

Adoration..... Cecily Van Cleave

Prayer Line-**680-4673** JoHanna Andrews

Funeral Luncheons..... Janey Kuh

Sacristan..... Fran Trail

Social Outreach..... Pam Vail

Friendship Feast..... Dawna Parazoo

Servants of the Sick..... Dave Hewes

Youth Group Gary and Marti Axtell

PREPARES..... Pat Taylor

Librarian..... Vivian Natale

Quilt Ministry..... Dolores Cline

Religious Education..... Sandi Dotts & Sarah Marshall



ADORATION OF THE BLESSED SACRAMENT

First Fridays: 7:45 a.m. - 6:00 p.m.

All other Fridays: 7:45 a.m. - 8:45 p.m.

Every Thursday: 7:15 a.m. - 8:15 a.m.



Dear parishioners and guests,

We continue this week with our work of making preparations for the upcoming season of Lent. So far, we have tried to identify areas of our relationship with God that need special attention, and we have spent some time reflecting on what kinds of prayer practices might be helpful in mending and strengthening that relationship.

It probably comes as no surprise to you – especially if you read last week’s column! – that our topic for this week is fasting. Our task for this week is not necessarily to settle on our Lenten resolution in the “fasting department,” but to ask the question: how could my friendship with Jesus benefit from some form of self-denial? We’ll look at this question from two angles.

First, there can be no doubt that Lent is a good time to fast from the things that do us harm. In a season of penance and deepening conversion, God’s grace is abundantly available to help us part ways with sin, both serious and venial. In that light, this is a good week to pray about what concrete steps could be taken to help us advance on the path toward true freedom.

If it’s a sinful habit you’re trying to overcome, I don’t think your Lenten resolution should necessarily be, “I’m just going to stop.” The “cold turkey” approach works for some people, but it’s not usually recommended as the most promising route. I encourage you to make a Lenten resolution, in the area of fasting, that will help you move in the right direction. Be concrete and practical.

Second, it’s a good idea not only to fast from sin (and not take it up again after Easter!) but also to fast from certain legitimate goods. The idea here is not to treat good things as if they are harmful, but to strengthen our self-control and to lessen our attachments to created things. When we grow in self-control, we more readily choose as we ought. Think about it this way: if we can deny our appetites even for good things, how much better will we get at denying our appetites for what is bad?

People give up chocolate or ice cream for Lent, but I don’t think those are particularly effective sacrifices unless a person is really deeply attached to those foods. I encourage you to take a look this week at the things you really enjoy from day to day. Ask yourself if you might be leaning on those things a little too much for pleasure, comfort, or self-soothing. Is there a way that God could enter your life more impactfully if you made a little more space for Him?

Fr. Kenny St. Hilaire, Pastor

PLEASE PRAY FOR THE SICK

Please pray for our Colville, Kettle and Northport Parishes: Janelle Stroyan, Margaret Olson, Harold Rothwell, Mert Graham, Donna Norman, Palin Driver, Suzan Andrew, James Rowland, Elaine Huff, Lisa Huff, Roger Bresnahan, Diane Hess, Jim Miller, Loretta Bowling, Ella Sprangers & family, Father Charles Klutz, Karen Hamel, Kenzie Sackman, Mick, Greg and Luke McCrea. (Please remember, the list rotates each week.)

If you or someone you know are sick or homebound and would like to receive a visit, Holy Communion, or anointing of the sick, please call the Parish office.

Weekly Contributions: January 27-28

Immaculate Conception (Colville): \$2,105.00

Sacred Heart of Jesus (Kettle Falls): \$425.00

Pure Heart of Mary (Northport): \$30.00

Social Outreach: \$70.00

ICP Capital Improvement: \$40.00



Our Servants of the Sick ministry will have a training session February 15, at 10:30 a.m. on how we bring our Eucharistic Lord to our home-bound Catholics. We're currently in need of substitutes. Here's a chance to learn how we share the Eucharist with those who don't have the mobility needed to come to Mass. Fr. Kenny will be supporting and explaining how the *Rite of Communion of the Sick* is to be followed to provide the Church's gift of the Eucharist. There will be an opportunity to attend the Thursday community lunch in the Church hall after the meeting. For questions, please call Dave Hewes (509) 680-3885 or ask Pam in the office.



JOURNEYING THROUGH LENT WITH CRS RICE BOWL: Each Lent, Catholic families across the country unite to put their faith into action through prayer, fasting, and almsgiving. Through participation in CRS Rice Bowl, families learn about how our sisters and brothers across the globe overcome hardships like hunger and poverty, and how, with our prayers and sacrifices, we have the power to make the world a better place for all. Rice Bowls will be available next weekend in the vestibule.

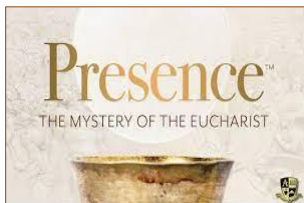


Please bring your **last year's palms** to church. We will burn them to be used for Ash Wednesday. There is a basket in the gathering area to place them. *Remember, they are blessed and can't be thrown out – only burned or buried.*



Mystery of Faith Series: Tuesday, February 6

In this week's Mystery of Faith, we will explore two videos from *Meeting the Messiah*, a Lenten preparatory series. Led by Curtis Martin and Dr. Edward Sri, the series explores Biblical encounters with the person of Jesus Christ. We will discuss the Samaritan woman at the well and the prodigal son. Please join us on February 6. *Mystery of Faith then transitions to **PRESENCE**, a series on the Eucharist, throughout Lent.*



ICP is supporting the **Year of Parish Eucharistic Revival** by offering a six-session series called **"Presence: The Mystery of the Eucharist"** each Tuesday evening during

Lent, beginning on February 20. Workbooks will be available for the series. Please prayerfully consider joining us during Lent for this series.



Please contact Randy Carstens if you wish to join the Knights of Columbus. If you are already a member and interested in a Knights of Columbus vest or jacket, contact Ted Kubesh or Randy as they are planning to place another order soon. Remember, during these extremely cold periods please reach out to any older folks who may need any assistance.

We are only limited in the good we can do in our community by the volunteer hours we provide.



Tickets for the Tuesday, February 13, Mardi Gras party will be sold this weekend and next. Tickets are \$15 per person, \$35 per family, and \$100 for a table that can seat 9 people for this Ag Trade Center event. Proceeds from the Dessert Dash will go to fund Youth Group activities such as the Steubenville NW Youth Conference. You are welcome to bring a beverage of your choice. Tickets will not be available at the door. If you have any questions or would like to volunteer your time, talent, and gifts, please contact Cindy Campbell at 612.423.4290 or call the parish office at 509.684.6223.



Pregnancy & Parenting Support

PREPARES is a parish-based volunteer program providing support to families from pregnancy through their child's 5th birthday. During calendar year 2023, ICP PREPARES volunteers helped an average of nearly 60 children every month in north Stevens County, distributing diapers, wipes, and other essential baby items. The ICP PREPARES ministry invites the faithful during February's Open Your Heart Appeal to fill the PREPARES display in the vestibule with donations of diapers and other essential items as well as financial contributions. Please look for Bishop Daly's Open Your Heart PREPARES Appeal in your mail, coming this February. For more information contact Pat Taylor at 509.942.9592. Thank you for your support!



Soup Suppers on Fridays during Lent after Stations of the Cross at ICP and SHJ. Volunteers are needed at ICP to bring a soup or some bread or rolls or help with the hosting or cleanup. Sign-up sheets are in the gathering area.

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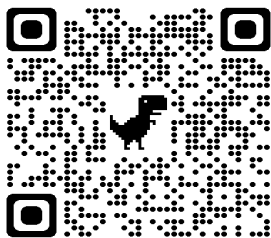
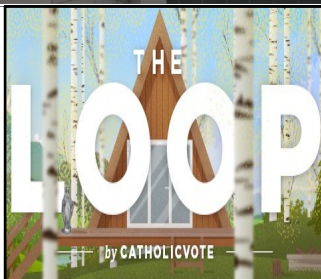


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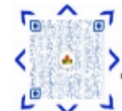
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